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| INGREDIENTS AND AMOUNTS  Ingredients are per person  1 egg  1 Tbsp milk  2 Tbsp frozen hash browns  2 Tbsp cheddar cheese  Choose ONE of the following  1 Tbsp bacon bits  1 Tbsp cooked sausage | EQUIPMENT ON TRAY (15)  Bowl  1 c. LMC  1 Tbsp, Bowl  1 Tbsp, Bowl  1 Tbsp, Bowl  1 Tbsp, Bowl | | | Microwave Egg Bakes | KITCHEN: |
| NAME: |
| GROUP MEMBERS: | |
| EQUIPMENT FROM KITCHEN  4 custard cups, fork, 4 small plates, potholder, 4 drinking glasses | |
| DIRECTIONS  1.Have custard cups sprayed, place on separate plates  2. Place 2 Tbsp. hash browns into each cup  3. Add meat and cheese to cups  4. In each drinking glass place 1 egg and 1 Tbsp. milk, beat together  5. Pour egg over meat for each custard cup  6. Place ONE egg dish (cup and plate) in the microwave at a time – cover with a paper towel  7. Microwave 1 min 30 seconds – let stand 30 seconds | | ASSIGNED TO:  1.  2.  3.  4.  5.  6. All  7. All | CLEAN UP JOBS  1. Wash Dishes / Fill Towel Drawer from Basket \_\_\_\_\_\_\_\_\_\_\_\_\_\_  2. Dry Dishes / Dirty Towels to Washing Machine  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  3. Put Dishes Away / Sweep the Floor  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  4. Wipe Counters / Empty and Scrub Garbage Can  \_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |

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