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| --- | --- | --- | --- | --- |
| Description | ADVANCED | PROFICIENT | BASIC | BELOW BASIC |
| Display Information (25 pts)  Function in the body  Subcategories  Sources of nutrients  Not Enough of nutrients  Too Much of nutrients | Explained 3 or more functions of the nutrient accurately  Thoroughly explained any subcategories of the nutrients  Provides at least 5 sources of the nutrients  Describes the conditions and symptoms related to deficiencies  Describes the conditions and symptoms related to excess amounts | Explained 2 functions of the nutrient accurately  Somewhat explained any subcategories of the nutrients  Provides at least 3 sources of the nutrients  ---------------  --------------- | Explained 1 function the nutrients accurately  Mentioned but not explain subcategories of the nutrients  Provides at least 1 source of the nutrients  ---------------  -------------- | Did not explain the functions of the nutrients  No mention of relevant subcategories  Does not provide any sources of the nutrients  Does not describe deficiencies  Does not describe excess amounts |
| Booklet Appearance (10 pts) | Project is   * neat * easy to read and understand * attractive and eye catching * Appropriate for display in school * Compliant with specifications | Project is somewhat   * neat * easy to read and understand * attractive and eye catching * Appropriate for display in school * Compliant with specifications | Project is somewhat   * messy * difficult to read and understand * unattractive not eye catching * Inappropriate for display in school * Non Compliant with specifications | Project is   * messy * difficult to read and understand * unattractive not eye catching * Inappropriate for display in school * Not compliant with specifications |
| Resources (15 pts) | 3 different sources use in three different categories | 2 resources used in two different categories | 1 resource used | No resources sited |
| Spelling and Grammar (5 pts) | No spelling or grammatical errors | 1-2 spelling or grammatical errors | 3-4 spelling or grammatical error | 5 or more spelling or grammatical errors |
| Individual Behavior (5 pts) | Was not disruptive, disrespectful and stayed on task during the project | Was not disruptive or disrespectful, but did not stay on task during the project | Was disruptive and disrespectful but stayed on task during the project | Was disrespectful, disruptive and did not stay on task during the project |

Page Order

1. Title/Name

2. Carbs

3. Protein

4. Fats

5. Water

6. Vitamins

7. Minerals

8. References

Booklet Requirements

1. May be started in pencil, but the final product MAY NOT BE WRITTEN IN PENCIL!

2. Neat, legible and should have color on each page

3. May be typed or hand written

4. Food Sources MUST be ILLUSTRATED! – Hand drawn or printed off the computer.

Task

\*Research the 6 nutrient groups and answer the required questions.

\*Create a booklet containing the answers to the required questions

Required Information

1**. Function** of the nutrient in the body – PROVIDE AT LEAST 3 FUNCTIONS!

2. Describe the **Sub-Groups** of the nutrient – WHAT ARE THEY – WHAT DO THEY MEAN TO THE BODY?

3. Illustrate at least 5 **Food Sources** of the nutrient.

4. What happens if the body does not receive enough, **Deficiency**, of the nutrient?

5. What happens if the body receives too much, **Toxicity**, of the nutrient?

Group Expectations

1. Everyone works or you separate!

2. Students are to be ON TASK!

3. Share the research – create your own booklet