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| INGREDIENTS AND AMOUNTS2 c. orange juice1 c. orange sherbet1 banana – sliced1 c. strawberries1 c. mixed tropical fruit½ tsp. vanilla | EQUIPMENT ON TRAY (15)2 c. LMC (4)Bowl (5)--------------------1 c. DMC (13)1 c. DMC (13)½ tsp. (13), custard cup (4) | Smoothies | KITCHEN: |
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| EQUIPMENT FROM KITCHENParing Knife (12), Cutting Board (15), Blender (1 or 11), Rubber Scraper (8) |
| DIRECTIONS1.Check the assembly of the blender FIRST2. Chop banana into bite-sized pieces3. Add ingredients to blender as follows -Sherbet -Orange Juice -Fruit -Vanilla Extract4. Cover and **PUREE** until mixture is smooth5. Unplug blender, remove lid and serve | GROUP MEMBER1.2.3.----4.5. | CLEAN UP JOBS1. Wash Dishes / Fill Towel Drawer from Basket \_\_\_\_\_\_\_\_\_\_\_\_\_\_2. Dry Dishes / Dirty Towels to Washing Machine \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3. Put Dishes Away / Sweep the Floor \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_4. Wipe Counters / Empty and Scrub Garbage Can \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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